

Conversation Starters From Getting Me: The Secret To What Your Spouse Really Wants

Below are some sample Conversation Starters. As we discuss in the Intentional Date Night chapter of Getting Me, these are thought-provoking questions that allow you to learn something new about your spouse.

The questions are designed to be a catalyst for intimate conversation with your spouse and to create a space in which you both can be vulnerable with one another.

We suggest you take these on your next Intentional Date Night or anytime you want to connect with your spouse in a deeper, more meaningful way. The only instruction is to answer these questions as honestly as possible and in 2 – 3 complete sentences (not one word answers).

1. Name 6 things you are grateful for.
2. Describe a perfect day off.
3. Describe a secret ambition. When would you like to accomplish this? What is getting in your way?
4. Describe the most fun thing you did as a child. Teenager. Adult.
5. How do you hear God?
6. How long could you go without using your cell phone to check emails, text messages or facebook?
7. How would you like to handle holidays if we didn't have to spend them with our families?
8. How would you prefer I initiate sex? What could I do more or less of during sex?
9. If today was your last day on earth, what would you tell me?
10. If you won a \$250 million lottery - how much would you give away, and who would you give it to?
11. Introduce yourself to me in 3 complete sentences.
12. Tell me something you have never told me before.
13. Tell me three things you like most about me. What three things do you wish I would change?
14. What bad habit do you wish you could overcome? What gets in the way?
15. What chores do you wish I would take over for the next month?
16. What could I do that would make you feel like I "got you"?
17. What could we do to have a better/healthier spiritual life?
18. What do we do well regarding our finances? What do you wish we would do differently?
19. What do you look most forward to about growing old? What do you fear most?
20. What do you wish we would start doing together?
21. What effect do you think technology has had on our relationship?
22. What is God's purpose(s) for our marriage?
23. What makes you feel loved?
24. What marital advice would you give to our kids?
25. What is the last romantic thing I/you have done for our relationship?
26. What quote do you live your life by?
27. What scares you the most about the way I express anger? The way you express anger?
28. When do you think we should retire? How much money should we have saved? Where would you like to live?
29. Which current events worry you the most?
30. Who has been the hardest person in your life to forgive? Who do you need to forgive that you haven't?